

Oregon Community Oncology Patient Navigation Syllabus

Overview

The goal of the Oregon Community Oncology Patient Navigation program (COPN) is to develop a trained cohort of allied health professionals who are equipped to provide community oncology patient navigation in Oregon. The training is adapted from the George Washington University Patient Navigation series and tailored to Oregon oncology health care landscape and designed to be culturally and community responsive.

Time commitment

The course consists of 14 asynchronous self-paced modules and three, live skill building sessions facilitated by Community Cancer Control Specialists. **The total time commitment is approximately 36 hours total over a 7-week period. Estimated weekly time commitment of 5-6 hours is expected.** Completion of all assigned coursework materials and participation in all three live sessions is required to receive full credit. Participants who completed all requirements will receive a certificate of completion from the Knight Cancer Institute.

High-level timeline (see table below for details)

- Online classes open: Monday, October 26, 2026
- 14 asynchronous learning modules on Oasis and three synchronous classes (2 in-person, 1 virtual (1 in-person make-up session)).

Live classes:

- Live session: Friday, October 30, 11 a.m. to 2 p.m. in La Grande
 - Location: Center for Human Development Inc.
 - 2301 Cove Ave, La Grande, OR 97850
- Live session: Friday November 13, 11 a.m. to 2 p.m. in Pendleton
 - Location: TBD
- Live session: Friday, December 11, 11 a.m. to 2 p.m. via Zoom
- **Makeup session: Tuesday December 15, 11 a.m. to 2 p.m. in Hermiston
 - The make-up session is only available for people who have pre-arranged not to attend a regularly scheduled in-person session.
 - Location: TBD

Expected learning outcomes:

- Provide patient education & care orientation
- Support care coordination & health system navigation
- Communicate with care teams and patients
- Support patients in connecting to community resources and referrals
- Resolve barriers related to social determinants of health

- Provide support with treatment adherence & setting appointments
- Join a network of COPNs across the state

Note: COPNs will not provide, nor advise, on patient care such as recommending a medication or procedure

Attendance/participation

Participation in three in-person sessions is required to receive full credit for a COPN certificate of completion. Each participant will be assigned a pass/fail grade for their active participation and discussion in each live or in-person session. Participants who are unable to attend one of the required sessions will have the opportunity to attend an alternative in-person make-up **session on Tuesday, December 15th from 11 a.m. - 2 p.m. In Hermiston, OR (venue TBD).** No other make-up sessions will be offered

Evaluation

Participants will be required to complete 3 pre- evaluation surveys, 3 post-evaluation surveys and 3 knowledge quizzes. The knowledge quizzes must be completed with a 70% pass rate, and students will have three attempts. Additionally, completion of discussion prompts, and case studies are required to receive full credit for a COPN certificate of completion.

Learning Management System

This course will be utilizing an online Learning Management System (LMS). Participants will be required to create an account. Every participant will maintain access to the LMS for as long as the course is available. A brief training video and access to the software will be provided before the course begins.

Pass / No Pass Course Completion

Participants must meet all requirements below to earn a Certificate of Completion.

Requirement	Pass	No Pass
Course Module Completion	Completes all 14 asynchronous learning modules by the course deadline.	Fails to complete one or more required modules.
Live Session Attendance	Attends all three required live sessions or approved make-up session.	Misses more than one live session or does not attend required make-up.
Live Session Participation	Actively participates in discussions, exercises, case studies, and skill-building activities.	Minimal or no participation during live sessions.
Knowledge Quizzes	Scores at least 70% on all three unit quizzes within the allowed attempts.	Does not achieve 70% on one or more quizzes.

Discussion Activities	Completes all required discussion prompts and responses.	Required discussion activities are incomplete or missing.
Case Study Activities	Completes all assigned case study activities.	One or more case study activities are incomplete.
Course Evaluations	Completes all required pre- and post-evaluations.	One or more evaluations are missing.
Regional Resource Directory	Submits the required Regional Resource Directory assignment by the deadline.	Assignment is not submitted.
Final Completion Status	Meets all pass criteria and completes requirements by the deadline.	Does not meet one or more pass criteria.

Live Session Participation Requirements

Pass	No Pass
• Attends the full session • Participates in discussions and activities • Demonstrates preparation • Contributes respectfully • Participates in case study exercises and role plays	• Absent from the session • Leaves before substantial participation occurs • Does not engage in required activities • Repeatedly disengages from discussion or group work • Displays unprofessional behavior

Certificate Standard: Participants will receive a Certificate of Completion upon successful completion of all required coursework, quizzes, evaluations, assignments, discussion activities, and attendance/participation requirements.

Syllabus

View the detailed syllabus on the following pages.

WEEK	COMPLETE ONLINE	THEN DO	BY THE END OF THE WEEK, YOU'LL...	LIVE SESSION
Week 1 Oct 26 – Nov 1 About 5.5 hrs (2.5 online + 3 live)	☐ Unit 1 Pre-Evaluation (Lessons 1–5) ☐ Lesson 1: Cancer Basics: Continuum of Care ☐ Lesson 2: Medical Terminology	EXPLORE / PRACTICE ☐ Oregon Comprehensive Cancer Control Plan GOOD TO KNOW Courses open Monday, Oct 26.	• Define cancer • Understand screening guidelines • Understand medical terms • Understand the cancer landscape in Oregon	LIVE: Fri, Oct 30 11 a.m.–2 p.m., La Grande • Course overview • Comprehensive Cancer Control Plan (with E. Oregon data) • Lesson 2 Medical Terminology activity • Lesson 3 case studies preview and practice
Week 2 Nov 2 – 8 About 5.5 hrs (3.5 online + 2 follow-up)	☐ Lesson 3: What is Patient Navigation ☐ Lesson 4: Team-Based Navigation and Role Delineation ☐ Lesson 5: US Healthcare System, Payment, and Financing ☐ Unit 1 Quiz (Lessons 1–5) ☐ Unit 1 Post-Evaluation (Lessons 1–5)	CASE STUDIES (IN THE LMS) ☐ Case studies A, B, C REVIEW ☐ THW Toolkit (Lesson 3) ☐ Medicare/Medicaid Basics (Lesson 5)	• Define your role and boundaries in patient navigation • Describe social determinants of health and health disparities • Understand the US healthcare system and how cancer care is delivered	
Week 3 Nov 9 – 15 About 5 hrs (3 online + 2 live)	☐ Unit 2 Pre-Evaluation (Lessons 6–10) ☐ Lesson 6: Professional Development and Practice-Based Learning ☐ Lesson 7: Communication with Patients and Caregivers	CASE STUDIES (IN THE LMS) ☐ Case studies G and H FOR THE LIVE SESSION We'll discuss the professional development plan document together.	• Identify opportunities for professional development • Learn effective strategies for communicating with patients and families	LIVE: Fri, Nov 13 11 a.m.–2 p.m., Pendleton • Case studies skills session: D, E, F • Motivational interviewing practice • Discuss professional development plan

Week 4 Nov 16 – 22 About 6.5 hrs (4 online + 2.5 follow-up)	☐ Lesson 8: Shared Decision-Making with Patients and Caregivers ☐ Lesson 9: Patient Advocacy ☐ Lesson 10: Addressing Barriers to Care with Strengths-Based Community and Individual Assessments ☐ Unit 2 Quiz (Lessons 6–10) ☐ Unit 2 Post-Evaluation (Lessons 6–10)	CASE STUDIES (IN THE LMS) ☐ Case studies I, and J REVIEW ☐ Cultural Humility reading (Lesson 8) ☐ Conflict Resolution (Lesson 9) ☐ Barriers/SDOH Assessment (Lesson 10)	• Understand the process of shared decision-making • Understand and identify strategies to support patient advocacy • Identify strategies to address barriers in patient care	
Week 5 Nov 23 – 29	NO ASSIGNED WORK: THANKSGIVING WEEK Enjoy the break and/or use it to catch up on anything from Weeks 1–4.			
Week 6 Nov 30 – Dec 6 About 6 hrs (4 online + 2 follow-up)	☐ Unit 3 Pre-Evaluation (Lessons 11–14) ☐ Lesson 11: Ethics and Patient’s Rights ☐ Lesson 12: Program Evaluation and Quality Improvement ☐ Lesson 13: Clinical Trials	DISCUSSION ☐ Discussion post CASE STUDIES (IN THE LMS) ☐ Case studies K, L, and M	• Describe ethical standards related to compliance with laws and policies • Describe and identify opportunities for quality improvement • Define clinical trials and their risks and benefits	
Week 7 Dec 7 – 13 About 5.5 hrs (2.5 online + 3 live)	☐ Lesson 14: Value of Patient Navigation ☐ Unit 3 Quiz (Lessons 11–14) ☐ Unit 3 Post-Evaluation (Lessons 11–14)	ASSIGNMENTS ☐ Regional Resource Directory development DEADLINE Everything is due Sunday, Dec 13.	• Describe the value of patient navigation • Review goals and objectives of the COPN coursework	LIVE: Fri, Dec 11 11 a.m.–2 p.m., virtual (Zoom) • Final case studies N, O, and P • Regional Resource Directory submission timeline
Make-up Tue, Dec 15	Missed a required in-person or live session? Attend the final make-up session on Tuesday, Dec 15, 11 a.m.–2 p.m., in Hermiston.			